

The Biofeedback Process

Focused Technology

F1000 Common Key Commands

Key commands are consistent across the various feedback screens. They also have a consistent format in controlling each modality or function.

Main Keyboard Keys

Function	Command Format
Save Data	<alt> S
Quit Screen	<alt> Q
Temperature Channel 1	“F” keys. F9 is Master Off/On
EDR	<alt> “F” keys. F9 is Master Off/On
Filter Settings	<shft><ctrl> “F” keys
Filter Smoothing	<shft><alt> “F” keys
Heart Rate/Respiration	<shft> “F” keys
Alternate Screens	<alt> number key (not on numeric pad)
Event Marks	“1” through “4” and Spacebar

Numeric Keypad Keys (Num Lock must remain off)

EMG/EEG Bars (Autonomic, Enh/Enh/Inh/Enh)	Del: filter A; <alt> Del: filter B
EMG/EEG Thresh	Up/Down Arrow; PgUp/PgDn
EMG/EEG Sound and Thresholds	“5” key: filter A; <alt> “5” key: filter B
EMG/EEG Microvolt Range	Lt/Rt Arrow